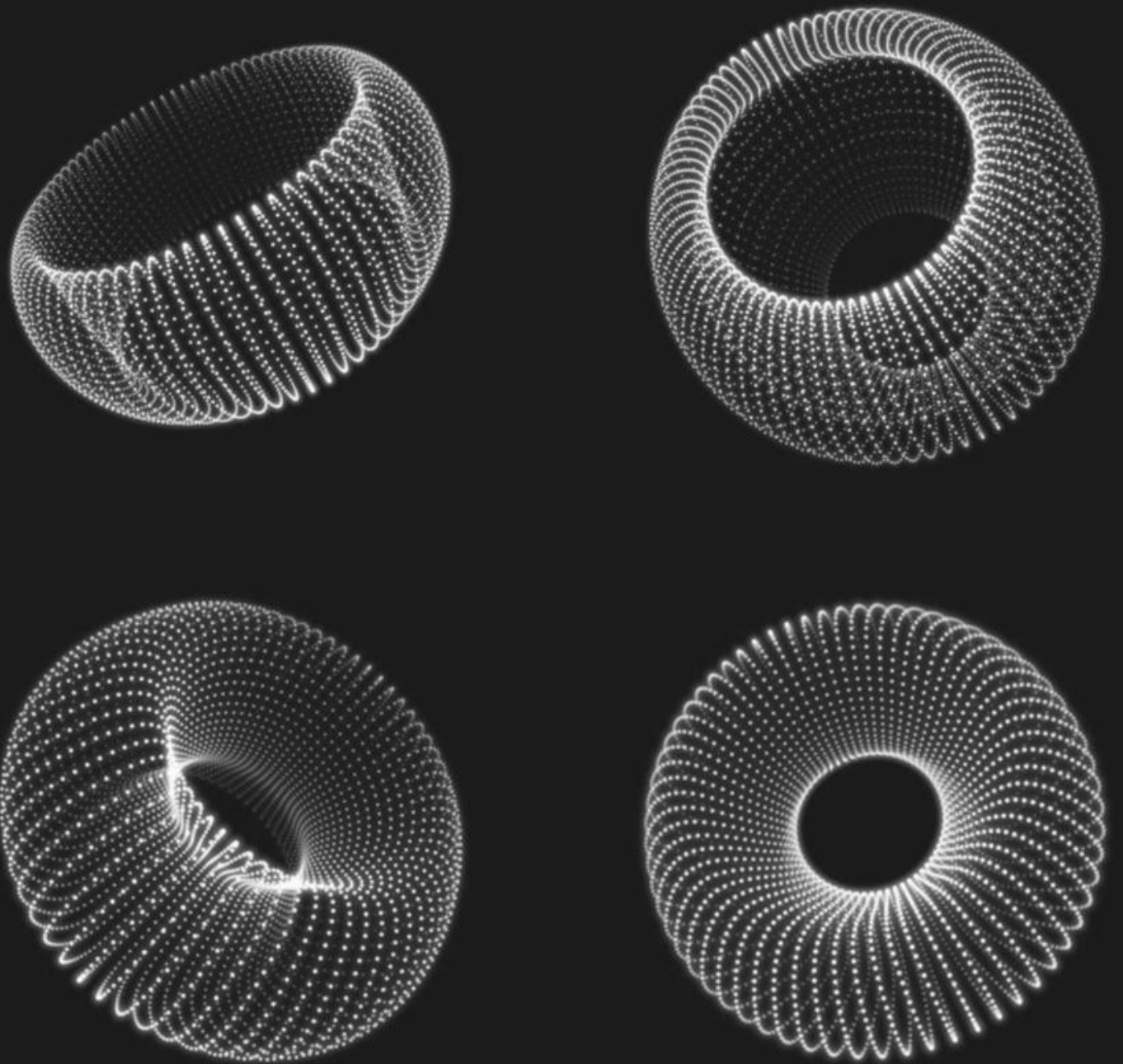


AN EXPLORATORY
PILOT STUDY OF
VICARIOUS TRAUMA
AND BURNOUT IN
THE WORKFORCE OF
INDIANA HEALTH
CENTERS

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PURPOSE STATEMENT

DOES THE UNIQUE POPULATION AND EXPERIENCES (SUCH AS ADVERSE SDOH, TRAUMA) OF THE PATIENTS SERVED CONTRIBUTE TO THE BURNOUT OF FQHC WORKFORCE ?

IS VICARIOUS TRAUMA SIGNIFICANT CONTRIBUTING FACTOR?

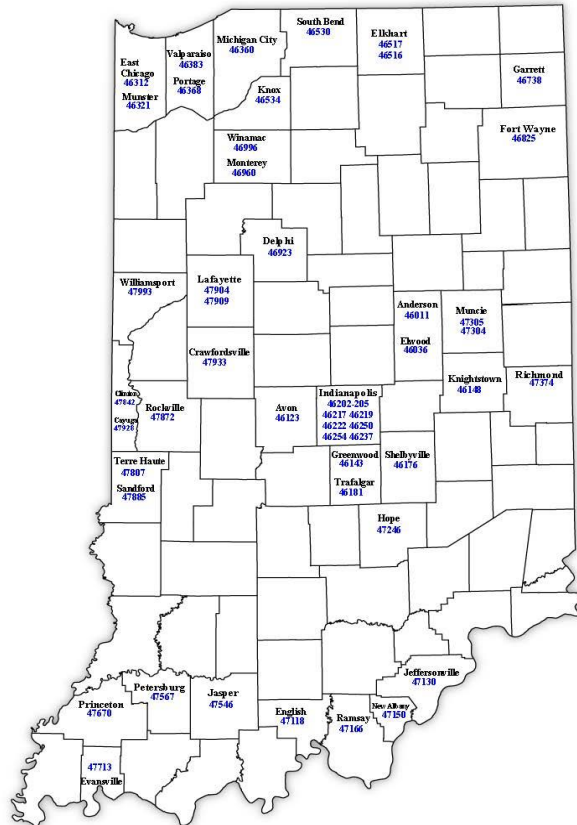


DESCRIPTIVE ANALYSIS

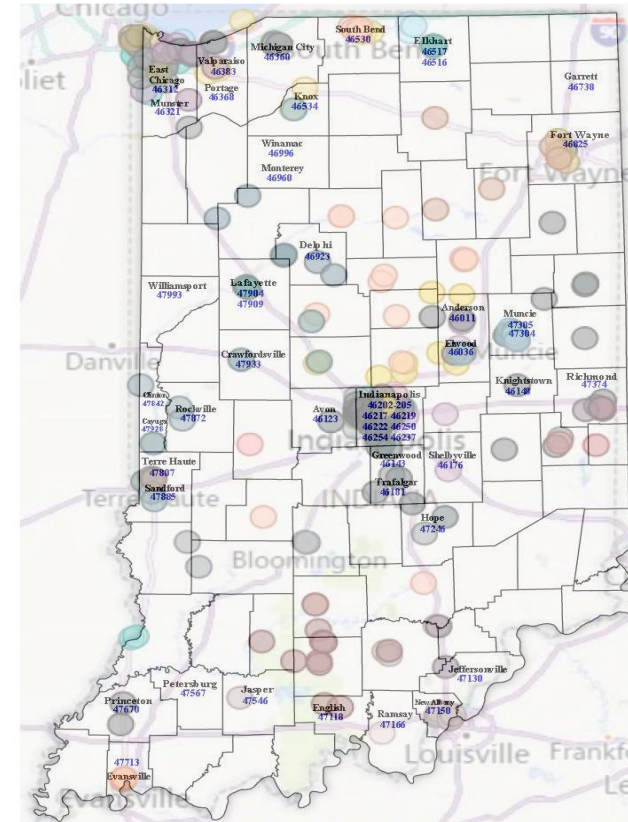
- 241 Surveys sent (members of an ISDH Trauma informed collaborative)
- 146 responded (60.1%)
- Working with ISDH Health Systems Epidemiologist for SAS application analysis, therefore all results are considered “draft” until final evaluation by dissertation committee
- RedCap survey tool

RESPONDENT LOCATIONS COMPARED TO HEALTH CENTER LOCATIONS

Respondents



Correlation To Health Center Locations



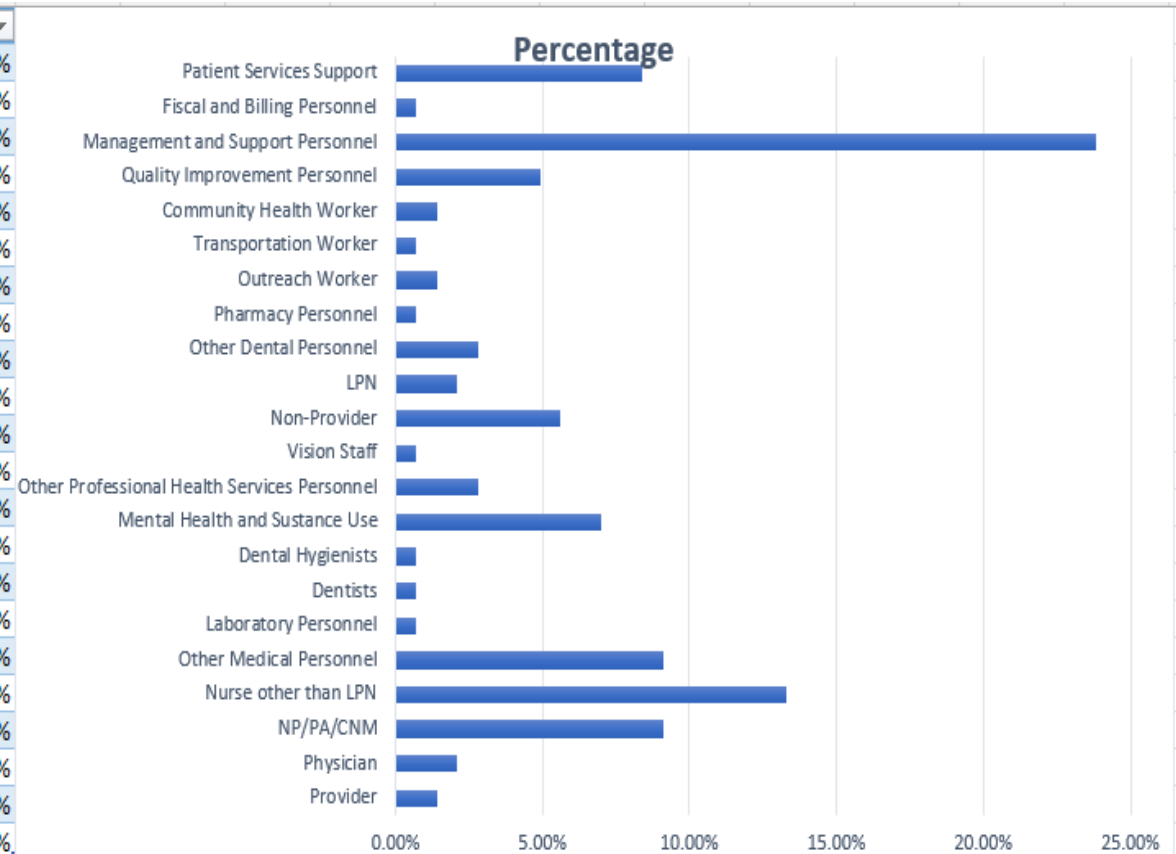
Each colored dot is a health center location

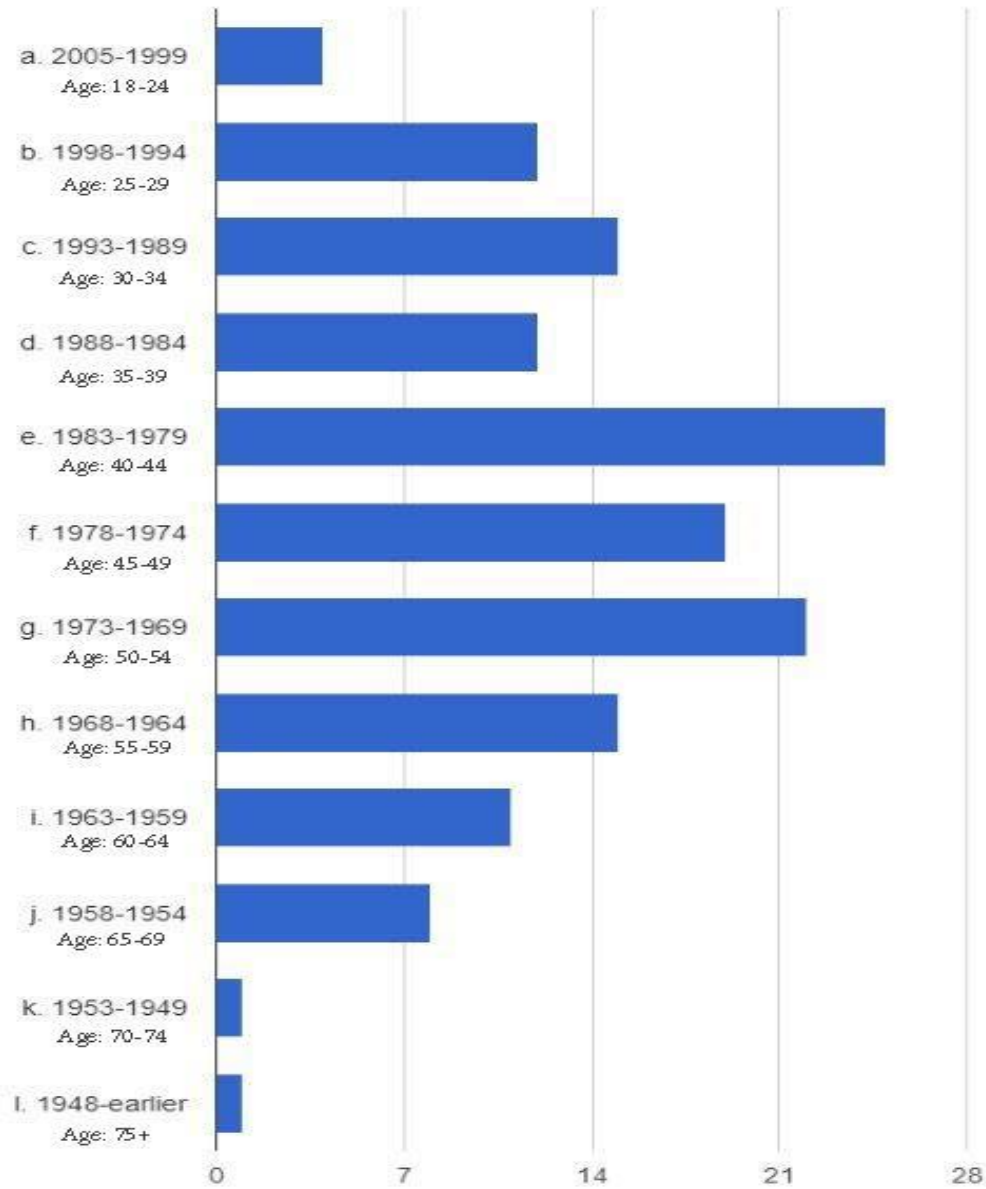
RESPONDENT WORKPLACE TYPE

	Respondents	Survey Cohort	Total in Indiana
Federally Qualified Health Center (FQHC)	117 (84.8%)	25	27
Look alike health center (LALs)	2 (1.4%)	2	12
Community Health Center	3 (2.2%)	7	12
Affiliated Organization	16 (11.6%)	6	N/A

ROLE AT HEALTH CENTER

Role Type	Number of Respondents	Percentage
Provider	2	1.40%
Physician	3	2.10%
NP/PA/CNM	13	9.10%
Nurse other than LPN	19	13.30%
Other Medical Personnel	13	9.10%
Laboratory Personnel	1	0.70%
Dentists	1	0.70%
Dental Hygienists	1	0.70%
Mental Health and Substance Use	10	7.00%
Other Professional Health Services Personnel	4	2.80%
Vision Staff	1	0.70%
Non-Provider	8	5.60%
LPN	3	2.10%
Other Dental Personnel	4	2.80%
Pharmacy Personnel	1	0.70%
Outreach Worker	2	1.40%
Transportation Worker	1	0.70%
Community Health Worker	2	1.40%
Quality Improvement Personnel	7	4.90%
Management and Support Personnel	34	23.80%
Fiscal and Billing Personnel	1	0.70%
Patient Services Support	12	8.40%

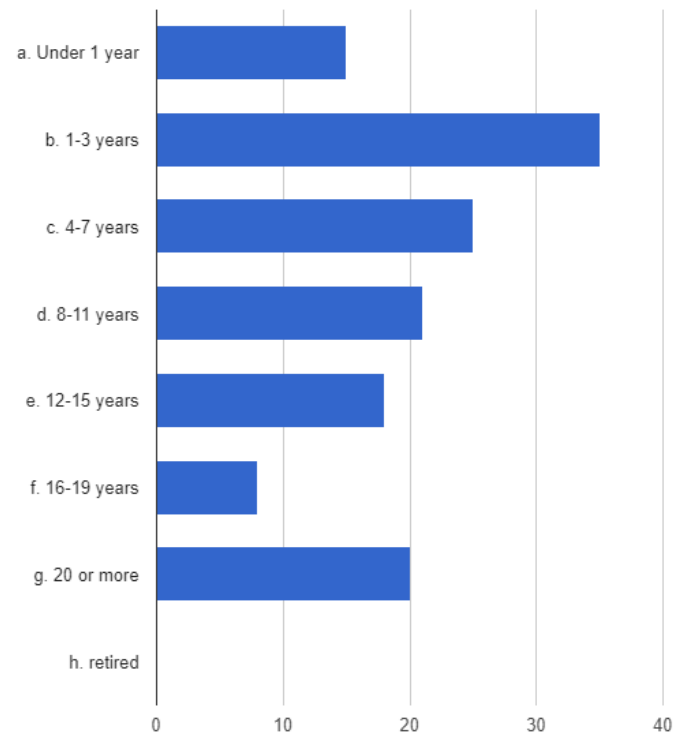




RESPONDENT DEMOGRAPHICS AGE RANGE AS OF JUNE 30, 2023

DRAFT-REDCAP

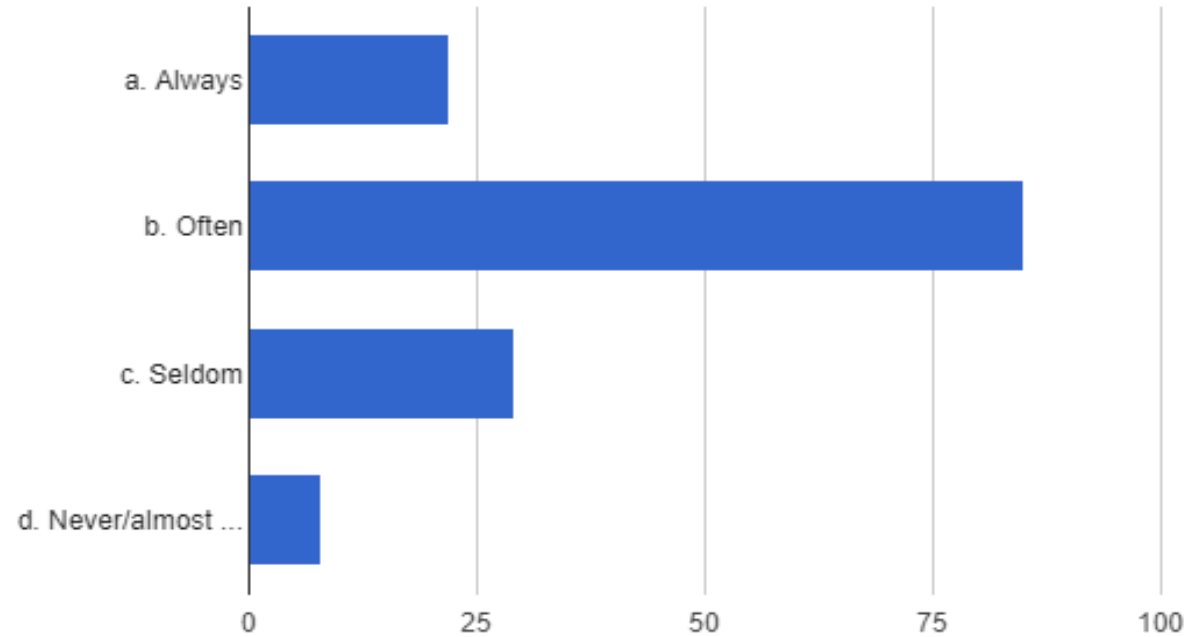
LENGTH OF TIME EMPLOYED AT A HEALTH CENTER DRAFT-REDCAP



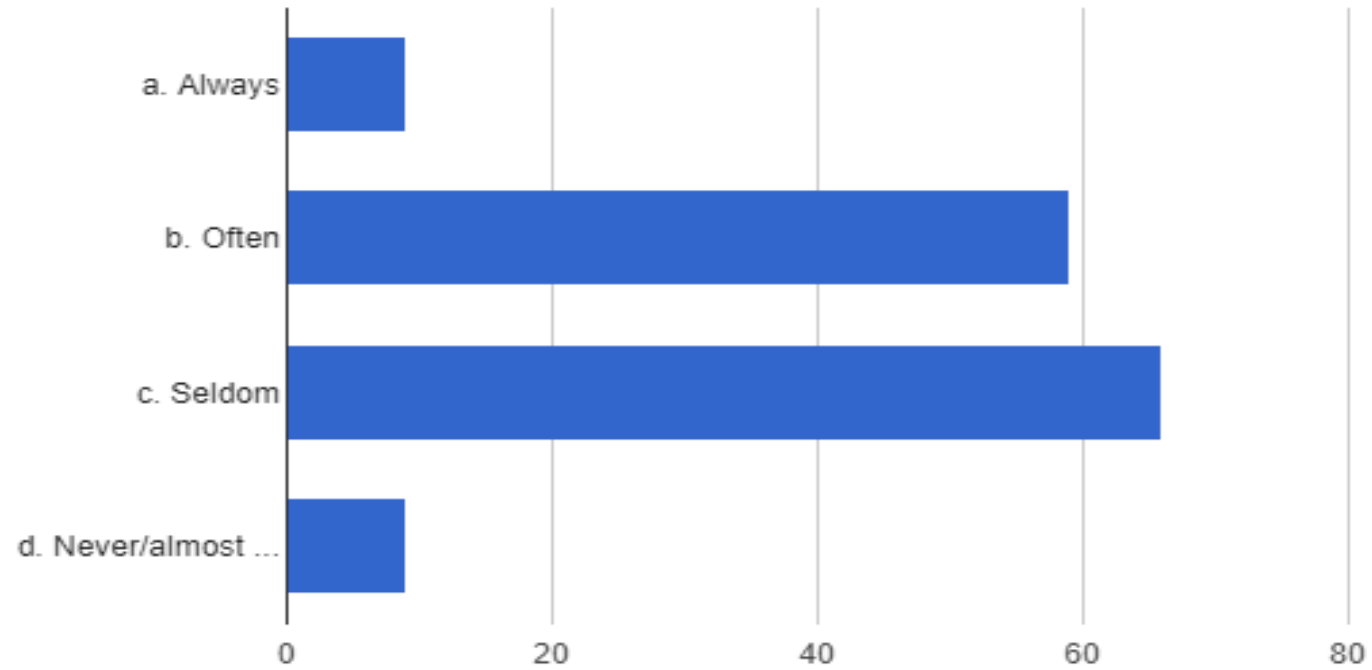
■ Counts/frequency:

- **Under 1 year** (15, 10.6%)
- **1-3 years** (35, 24.6%)
- **4-7 years** (25, 17.6%)
- **8-11 years** (21, 14.8%)
- **12-15 years** (18, 12.7%)
- **16-19 years** (8, 5.6%)
- **20 or more** (20, 14.1%)
- **retired** (0, 0.0%)

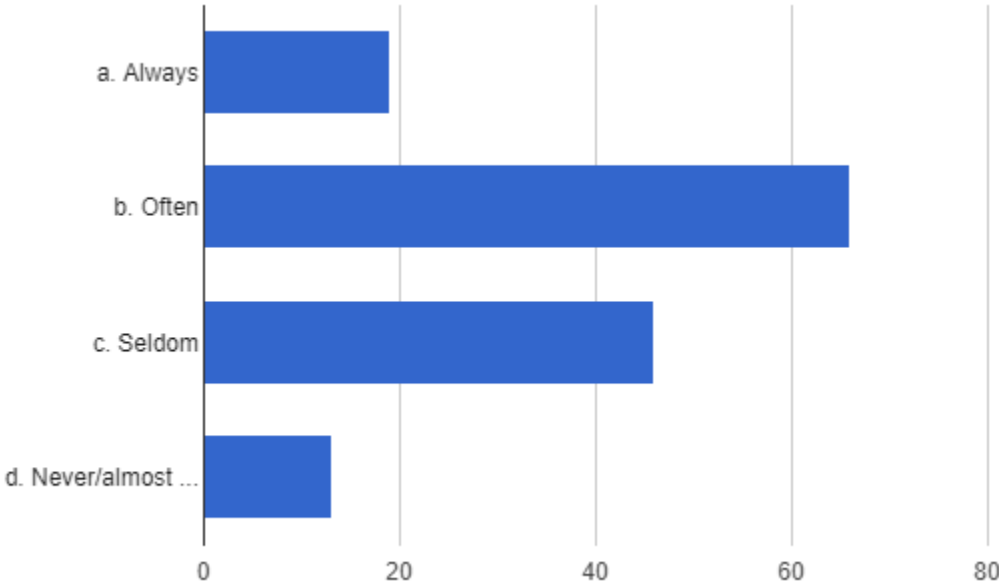
HOW OFTEN DO YOU FEEL TIRED? DRAFT-REDCAP



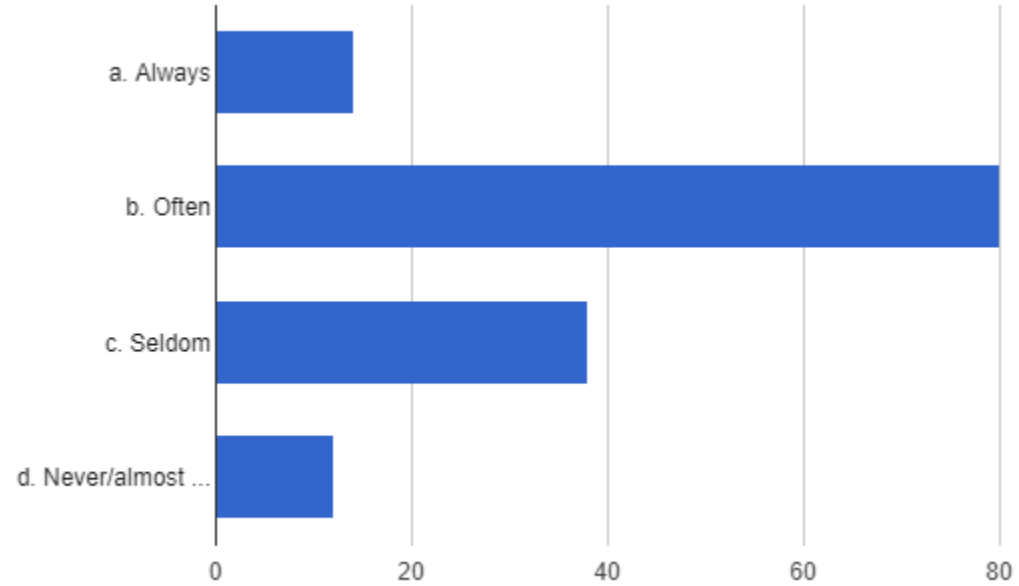
HOW OFTEN DO YOU FEEL PHYSICALLY EXHAUSTED? DRAFT-REDCAP



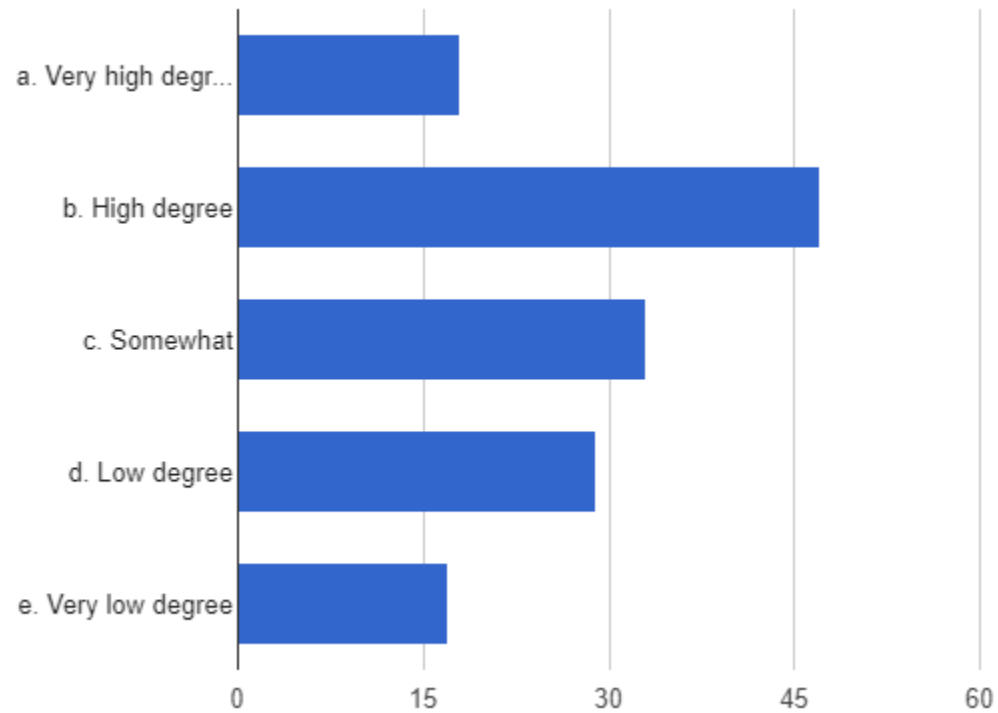
HOW OFTEN ARE YOU EMOTIONALLY EXHAUSTED? DRAFT-REDCAP



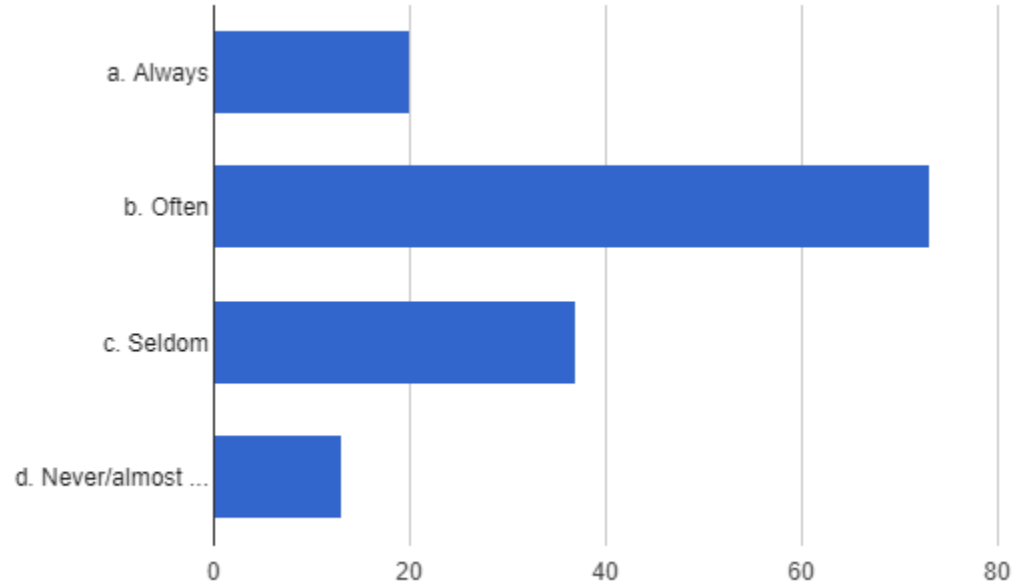
HOW OFTEN DO YOU FEEL WORN OUT? DRAFT-REDCAP



IS YOUR WORK EMOTIONALLY EXHAUSTING? DRAFT-REDCAP

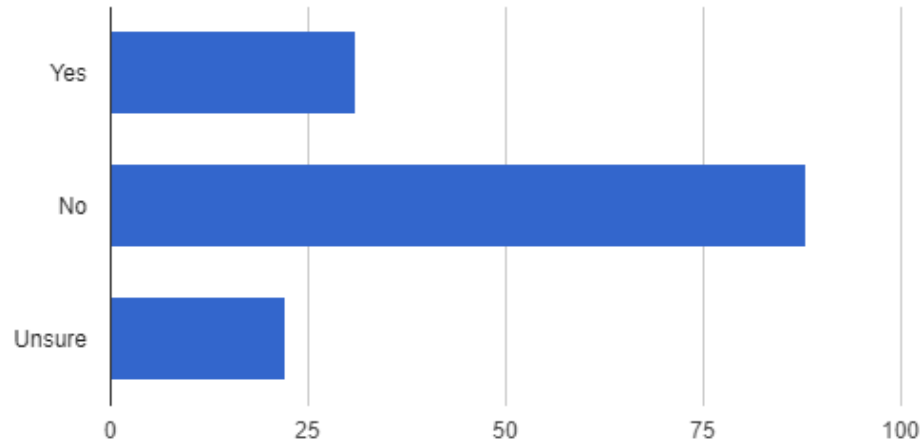


DO YOU FEEL WORN OUT AT END OF THE WORKING DAY? DRAFT-REDCAP



DO YOU THINK THE TRAUMA THAT YOU HAVE WITNESSED IN THE PATIENTS YOU SERVE HAS NEGATIVELY IMPACTED YOUR OWN WELL-BEING?

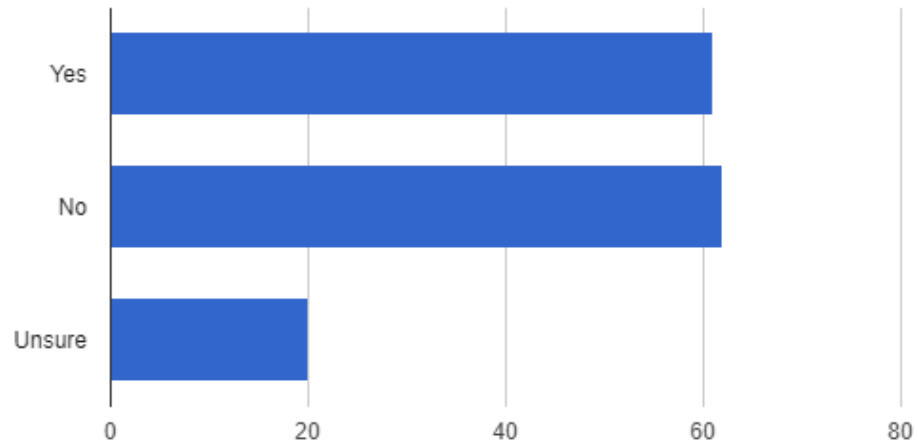
DRAFT-REDCAP



- Yes 31 or 22%
- No 88 or 62.4%
- Unsure 22 or 15.6%

DRAFT RESULTS: HAS COLLECTING SOCIAL DETERMINANTS OF HEALTH DATA EXPOSED YOU MORE TO PATIENT TRAUMA INFORMATION?

DRAFT-REDCAP



- Yes 61 or 42.7%
- No 62 or 43.4%
- Unsure 20 or 14%

DRAFT RESULTS:

PLEASE GIVE 1 OR 2 SUGGESTIONS OF HOW YOUR WORKPLACE PROVIDES RESOURCES THAT DECREASE WORK STRESS?

- Paid time off
- Workplace group activities (celebrations, puzzle room, team get togethers, softball team, employee engagement activities)
- Access to EAP program or free counseling/behavioral health services
- Fun and supportive work environment (leader)
- Flexible scheduling and reduced patient appointment loads
- Built in time during day for breaks (charting time and scheduled lunch breaks)